mdm
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A WORK OF ART
OCTOBER'S COVER BEAUTY, MELODY BORJA, "FRAMED" FOR ART'S SAKE

ALL THE PERFUMES OF ARABIA
MORE THAN JUST SMELL; FRAGRANCES SPEAK OF PERSONALITIES

LAUGH OUT LOUD WITH RALPHIE MAY
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October — the month of ghouls, jack-o-lanterns, costumes and lil' kids trick or treating in the neighborhoods. We chose not to focus on a Halloween-themed issue — been there, done that, it's trite. Instead, our cover feature and product pictorial feature went in different tangents — art and scents. Both appeal to the senses — one, visually and the other, sensually through smell.

Helping us bring art to life is our cover model, **Melody Ann Borja**, with the experienced, impeccable eye of **Herman Crisostomo**, photographer of Guam's beauties, behind the lens. Directing the shoot was **Matt Wright**, design manager at Glimpses of Guam , who also conceptualized the feature. The wardrobe was courtesy of **Macy's Guam**. The makeup was created by Cherry Aiken of **Rosy Rouge** with hair styled by Aiken's salon partner, Katherine Shambach.

In our last edition, we suggested precious jewelry as a gift idea this holiday season. Continuing on the shopping spree, we looked at fragrances as another holiday pleaser. But as our feature shows, scents are great gifts for all occasions, not just Christmas and by no means, what we pictured is the complete choice — there are lots more to sniff and try at the stores. Macy's Guam is a good starting point.

Our search for 2011 MDM Cover models continues this month at various spots . Catch our crew and cover beauties at GPO, UOG, Lush and Hollywood Theaters **(see ad on P. 4, for the complete schedule or online at www.mdmguam.com or on Facebook)**. MDM wants you so step up if you think you're ready to stride down the runway and make love to the camera. …



Behind the scenes with **Melody Ann Borja**, this month's cover model and MDM crew.



2010 MDM September cover girl **Geralyn Lunod** poses for a photo op with passerbys during the 2011 MDM Cover Girl Search Casting Call at GPO on Sept. 4.



2011 MDM Cover Girl Search Casting Call with 2010 MDM Cover Model **Khiersty-Ahn** at GPO on Sept. 4.



MDM 2010 Cover Models **Jonel Feliciano** (left) and **Jadine Cruz** (right) at the MDM 2011 Cover Girl Search Casting Call at Hollywood Theaters, GPO on Sept. 17.



On the cover: INC. jagged patterned black and yellow lycra stretch dress from Macy's Guam.

October 2010

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2011 mdm cover girl

CASTING CALL SEARCH

HAVE YOU GOT WHAT IT TAKES TO BE AN MDM COVER MODEL?

If you're confident, stylish, smart, sexy and fun, then step up and sign up for a chance to be one of 12 MDM Cover Models in 2011. Meet the MDM crew and our 2010 winners at our casting calls to find out more about what it takes to be a cover girl. Or go to **www.mdmguam.com** to download the application form that comes at the end of the online magazine.
We'll be at:

GPO	Oct. 02 | 11am~2pm
UNIVERSITY OF GUAM	Oct. 07 | 10am~2pm
LUSH	Oct. 15 | 10pm~1am
(HOLLYWOOD THEATERS) GPO	Oct. 29 | 6~8pm
UNIVERSITY OF GUAM	Nov. 03 | 10am~2pm
(HOLLYWOOD THEATERS) GPO	Nov. 12 | 6~8pm

FIND US ON & KEYWORD: MDMguam

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A Work of Art

Photography by:
Herman Crisostomo of Pacific Pictures, Film & Video
Photography concept and art direction: Matt Wright
Assisted by: Vikki Fong

Hair and makeup by:
Katherine Shambach and Cherry Aiken of
Rosy Rouge Hair & Makeup Salon
Clothing and shoes provided by: Macy's Guam

Styling: Letitia Law-Byerly
Shot in studio at:
Pacific Pictures, Film & Video

Thanks to her training in ballet and cultural dancing, October's cover model, MelodyAnn Borja, went through different paces in this month's cover photo shoot without batting an eyelid. She froze, bent, stretched, tilted, and laid down, so that we can evoke the concept of framing her as an imaginary work of art for an imaginary art gallery. The artistic Melody — she dances and plays the guitar and drums — has already posed in two previous issues of MDM (March and September) for our pictorial style mix. Here, she takes her rightful place in the main gallery as this month's cover girl…..

MDM: Tell us about yourself?
MB: My full name is MelodyAnn Laguaña Borja, I was born here on Guam and raised in the village of Talofofo. I am 18 years old and the youngest of four children. My ethnic background is majority Chamorro with a tiny mix of German, Spanish, and Indian…but I was raised solely around the Chamorro language and culture. I am currently attending UOG going for my bachelor's degree in Biology. My hobbies include skating, singing, playing the guitar, and playing the drums. I also like to spend time on my sketchbook expressing whatever my imagination brings. I love to have fun at the beach with my friends, play pool, dance, being around animals because there's just something about them that makes my heart calm and happy no matter how bad my day has been. I'm down to earth, fun, dorky, and super friendly to talk to. I'm the last person to turn away from an upbeat conversation. My best advice is if you approach me with a smile and respect, you'll be sure to see mine in return.

MDM: Haha, we can definitely see that! Well we heard you're a quite the dancer, what genre of dance do you practice?
MB: I practice all sorts of genres. I dance ballet, Chamorro cultural, hip-hop, contemporary, and Tahitian. When I was in elementary school, my mom enrolled my older sister and me into Body Arts for ballet classes. Then, when I was going to Inarajan Middle, I began dancing for Inetnon Gef Pa'go under instructor Vince Reyes who I really thank so much for training me in the techniques of cultural dancing. Once I got into college, I joined the ILLustration Dance Company founded by Roebby Truong. We dance a lot of hip-hop and contemp-hop routines. My crew was also one of the four crews in the first season of Guam's Best Dance Crew. I am also a dancer for Jimmy Dee's Entertainment Company under the instructor Jan Terrazas. I just can't get enough of dancing. Dancing is my passion. I LOVE feeling the adrenaline course throughout my body! Put me on a dance floor, a mosh pit, or skank pit and you'll understand what I mean!

MDM: Wow…that's impressive! We also hear you're in a band with fellow MDM cover girl, Susana Wusstig (June issue). Tell us about that.
MB: I've actually been a part of several bands. The most noted were AXS Denied. Aside from playing with AXS, I played with the Shimbro's band 'Percussions Philosophy Ensemble' under Rod "Ching" Batimana for about a year where I met Susana Wusstig. I played the guitar and drums on and off while she played bass. I was happy when I first saw her walk into the music studio to join the ensemble practice because I remember thinking, "SWEET! This girl and I have similar style!" It wasn't long till we started hanging out, going shopping, and eating out together.

MDM: So you two are pretty close friends huh? What was it like running for MDM cover girl together?
MB: In fact it was super unexpected. Susana and I were just walking around GPO about a year ago and an MDM representative called us over and persuaded us to sign up for the MDM 2010 Cover Girl Search. We decided to sign up because we agreed that it would be pretty cool to give it a shot. The rewards were also quite convincing, so we were both really hyped for the competition.

MDM: Do you write songs with your guitar "Cocoa"? Where do you draw your inspiration for your music?
MB: Yes I do write songs with my baby "Cocoa." I draw my inspiration from my life experiences of course. I write according to my situation whether it is based on heartbreak, getting through difficult times in life, missing a friend who has passed, or even just a song with random funny lyrics. I'm actually going to be recording one of my originals sometime this month as well as a parody remix to a song by Handshakes and Highfives. You'll be hearing one of my songs on the radio soon enough!

MDM: What's the biggest misconception people have about you?
MB: The biggest misconception people have of me is my age. I look a lot younger than I actually am…but hey, it's totally cool with me because when the rest of my generation is 50, I'm still going to look half my age , baby! I've also heard that I look materialistic and that freaked me out because I am far from the materialistic type. I like simple things and I'll use whatever I have. If the item does the job, then I'm more than happy.

MDM: The theme for your photo shoot was quite unique. How did you enjoy the photo shoot and being a piece of art coming to life?
MB: When I first heard about the concept, I was extremely excited because it had a lot to do with my personal style. It was very artsy, dark and edgy, yet with a soft, sweet and fun feel to it. The MDM team was also great to work with.

MDM: What would you say is your best physical trait?
MB: Everyone tells me that I have a great smile, but I personally like my butt. I'm just happy and fortunate to have one. Hehe…thanks Mom!



MDM: You model, sing, dance, play the guitar, play the drums and skate. So what does a guy have to do to impress you?

MB: The guy has to be humble yet have confidence in himself. Cockiness is a huge turnoff for me. Cocky guys shouldn't even be around me, otherwise they'll only end up annoying me. A guy that is goal-oriented is pretty impressive as well…and it's a major bonus if the guy can smile and laugh with me and enjoy my jokes, no matter how lame or dorky I may present them. I'm a sucker for the bad boy looks with a sweet heart and gentleman manners.

MDM: If you could make one rule or law that all men should follow, what would it be?

MB: RESPECT. Respect yourself and respect others. The world would be so much easier if that were a law.





"I LOVE feeling the adrenaline..."

Adrianna Papell red and black dress with black belt and Jessica Simpson black patent leather high heel pumps, all from Macy's Guam.



MDM: What are your plans for the next five years?
MB: Hopefully I would be done with college and on track to fulfill my dream of building a fine arts school in the southern region of Guam. It was always hard for me to go far as a dancer because I lived so far away from dance schools on Guam. Many kids down south have the dream to pursue art, dance, and music but sometimes the requirements are too difficult to reach because we live so far away. I want to change that and I will someday.

MDM: What was the most nerve wrecking part of the MDM cover girl search?
MB: It was more exciting then nerve wrecking. I was hoping to win the cash prize so that I could bring my brother Mario back home before he was deployed to Afghanistan. He's in the Marines and I hadn't seen him for years before the competition. I didn't win the money but things worked out anyway. When it came to the final 12, I remember being the first finalist called to stage and I really didn't realize why I was called out from backstage. It was probably a minute after I stood in front of the audience that I realized, 'OMG, I made it!' Haha. It was a great experience overall and I would definitely encourage other girls to try it out.

Shout outs: I would like to thank God for all the blessings in my life. My parents Beverly and Victor Borja, my siblings Mario-(Semper Fi!), Milli, Matt and my sister-in-law Mizuki. My skaterboi, number one supporter and bestfriend in the entire galaxy Bryan T. Ricabar! My god-daughter Anabella. My Laguana and Borja familia. Prayers to Niko Dahilig out in Cali. My god-sister Vanessa Camacho. My ILLustration dance family. My Jimmy Dee Chamorritas. AXS Denied. Ching and the Percussions Philosophy Ensemble. Rayjai Babauta and the MDM 2010 Cover girls! Glimpses of Guam. The MDM staff and photographers. And all the supporters who came to cheer me on at the MDM 2010 Competition. Thank you and I LOVE YOU ALL!

Material Girl black tube bra, Guess faux leather black tights and Marc Fisher maroon red synthetic leather high heel pumps, all from Macy's Guam. Bracelet, model's own.



Grass black and white geometric print trench coat, Material Girl red tube bra with front zip, Material Girl black tulle skirt, Jessica Simpson black patent leather high heel pumps, Hue ankle socks, all from Macy's Guam. Umbrella from MDM's style kit.

THE PLANET KYLE REAL LIFE GUIDE TO GUAM

GUAM COSTUMES THAT SHOULD BE SOLD IN THE MAINLAND



Hafa adai and what's up to my peepsquad! First and foremost, this month marks my official third anniversary on the radio! Thank you so much to everyone who have supported me, helped me, taught me, corrected me, laughed with me and even laughed at me. Thank you to my family, my hot wife Tierra, my kids ReyVihn and Sirena, my parents and everyone else who shares my DNA and gives me comedic material on a daily basis. All of you are awesome!

It is October and you know what that means... I can finally walk around in clothes that I want to be in and not be scared people are going to think I am weird. Yes my friends, it's HALLOWEEN time! It's with that in mind that I present…the Planet Kyle Real Life Guide to Guam costumes that should be sold in the mainland!

► A COSTUME FOR A SINGLE PERSON

This first costume will be perfect for the Guamanian who has moved back to the States and wants to feel a bit of home while walking the streets trick or treating. What scarier, more "Guamy" costume could there be than a BOONIE DOG! Just think, in a time when the epitome of canine awesomeness comes in the form of a half naked — could be Filipino/Chamorro — dude, who fights shiny vampires, wouldn't you be scared if a mangy mongrel with patches of fur missing and a crooked gaze came darting at you? This could be the first step to getting the Boonie Dog recognized as a real life breed of dog. Can you imagine that?

► A COSTUME FOR A COUPLE

We go together like — peas and carrots? Gross. Like rama-lama-ding-dong? Whatever. *What couples costume would really ooze Guamness? Easy — a KAM'YU and a COCONUT!* Does it get any cooler or more made for each other than a coconut and a kam'yu, really? It is only a matter of time before Brad and Angelina are rocking this costume on their way to a party or even the Oscars. When making it, hopefully they'll remember to use plastic for the actual kam'yu though. It would really suck if si dude tripped, stabbed a tree and got stuck...

► A COSTUME FOR A FAMILY

Finally, let's talk about a costume perfect for a family. Let's say there are five of you — that's Mom, Dad, and the three kids right? What costume could you get that would match all five of you, and be easily recognizable by Guamanians anywhere in the States? TEETH. Okay, I know what you're thinking, teeth? I am not talking about just any teeth... *I am talking about PUGUA-stained TEETH! All they'd have to do to make this costume, is put everyone in red clothing, stand them side by side with a couple of gaps between the teeth here and there.* This site would bring tears to the eyes of all my relatives living stateside. Hopefully, somebody who's reading this could help make these costumes a staple next Halloween. Thanks again for reading and I will see you all on the radio!



The Good, The Bad, The...Okay

Halo Reach Vs. Mafia 2 Vs. Me

By Raymond Limuaco

Buenas MDM video game fanatics! Did you miss me? Did you even notice I was gone? Someone say something… If you didn't notice, I took last month off to do a little soul searching and found out a couple things. First off, I should never ever try to cook a roast again...ever…, I managed to nearly burn the house down. Secondly, I absolutely hate misleading video game commercials because

I blindly bought a video game without doing my due diligence against my otherwise favorable intellect.



Anyways, it's already October and it's that time of the year when developers begin to break out their block-busting most anticipated titles and their commercials that spread lies like propaganda films. Nope…I'm never going to let this go. This month I'll rip through Mafia 2 and talk about my first couple hours playing Halo Reach. Due to deadlines I couldn't play Reach to its fullest extent.

I have been waiting to play Mafia 2 for what seems like ages now. Sure Part 1 was just okay, but with such high quality sand box games coming out it was sure to be a hit. Then I saw that damned commercial. "Nine out of ten," it said. Mafia 2 gets a freakin' nine out of ten. So I bought it. Without reading any reviews I bought Mafia 2 and here is what I think…WHAT THE FREAKIN HELL?!?

At first glance things looked promising. The story starts off during a botched mission in World War II. It's definitely a different way to start a crime game. Instead of serving a jail sentence, Vito, the main character, decides to go to war. Things start going downhill and right when Vito is about to get taken out, a Sicilian mafia crime lord rolls up in a tank and orders the enemy troops to stop fighting, inevitably giving Vito another chance at going back to jail in the future. I have to say that the story is actually pretty good. It's the only reason I kept playing the game. It's not the usual rise to the top of the world of Scarface, Michael Corleone kind of thing. It's more like the guide on how not to be a mafioso.

The voice acting was pretty good and the developers managed to capture the 60s and 70s pretty well, but that, my friends, is where the buck completely stops.

Once I actually began to take control of Vito in the Mafia 2 world, I realized I just wasted my money.

Opening car doors is slow and tedious. Interactions with the characters around the city are pretty much non existent. There is no fluidity to the world. It's like everything is only happening because I was there. Cops didn't chase anyone else but me. Also, objects reset and cars disappear when the character turned around. The gun fights were entertaining …when they actually happen! Yup, a crime game with minimal gun fights. Plus, indoors it was impossible to draw a weapon. So stick ups were done with shoves and an occasional fist fight. With all the other sand box games out right now, there is no reason to buy this game. It's a definite rent. The game play is terrible and the replay value is at an all time low. I rate this thing zilch, nada, nought!

NEXT! Halo Reach. Halo Halo Halo. I normally don't care too much for Halo games but being that this is Bungie's "last" Halo game I had to give it try. One of my nephews got Halo Reach and the Halo 360 console for his birthday and Bungie pulled out all the stops for this one. It came with a sharp controller and the 360 console looked pretty pimp. Birthday wish list…check! The graphics are crisp and clean as expected. The controls remain sharp and responsive. I mean why fix what's not broken, right? The biggest difference between Halo Reach and the other Halo games is the scale of some of the battles, real time damage on all vehicles, and the customization of your online avatar and load outs.

The big battles are not a big part of the game but it's a welcome change of pace, and they are inserted at the right times. The vehicle damage is pretty cool. The shield can still regenerate, but now the damage sticks around and limits the number of times you can just pummel into enemy troops. I didn't get to go online myself by the time I had to write the article but just from watching my nephew play…let me tell you, I have to buy this game! It's a definite addition to the chronic gamers library even if you are not a Halo fan.

Halo Reach is not just a compilation of the three previous Halo games. It's a glorious fourth addition to the Halo familia.

That's why I quoted "last" earlier.

So you may ask. Why buy the crappy game and long for the game I don't normally care for? Because folks, that's gaming…damned if you do and damned if you don't. So until next time, don't let me catch you flexing in the mirror or I'll write about it, and don't ever…EVER buy a video game because the publicity says it's a nine out ten…but DO STAY ADDICTED!



HUMBLE + HILARIOUS RALPHIE MAY



By Jude V. Lizama

Arkansas-raised and hip hop-influenced comedian Ralphie May performed for local audiences on Oct. 1-2 at the Sheraton Laguna Guam Resort. May spoke with MDM prior to his performances and expressed excitement to perform on the island. He makes you laugh until you cry, but to May, connecting with people around the world, helping those in need and making a difference matters most.

MDM: Will this be your first show outside of the mainland U.S.?
RM: No, I've been all around the world with comedy — the U.K., Canada, Northern Europe, Hawaii, the USO [United Services Organization] trips I've been were to Korea, Japan, Iraq, Germany, Croatia, Djibouti, Africa…I've been all over the place – Italy – I go all over the world.

MDM: What are some things that people all over the world can relate to with the type of material that you present?
RM: It's strange because I found that people all around the world are basically the same. As many differences as they have, they all want the same things. I talk a lot about being a parent, that's universal. I'm dirty filthy so I talk about sex, that's universal. In every language farts are funny; you can't help it, they just are…

MDM: Regarding serious issues, including race, what allows you to find the comedic aspects of these issues and how does the audience ultimately relate?
RM: I'm different because I talk about race a lot but I always try to go for the little person's perspective — try to see things from different ways and let the audience get to know each other a little bit better by me being the bridge that they communicate through. I try to be a catalyst for folks and have new ideas and new things.

MDM: Can you tell us about some career-changing experiences that kept you focused with the intent to make people laugh?
RM: The first time I did the Tonight Show I got a standing ovation. It was breathtaking. It was such a rare thing on that show. To have it happen to me was just career-changing. The shows that keep me going that make me want to do comedy and are proud to do it are the ones where after a show, a table [of people] will come up to you and they're really well dressed and they're wearing black — they say they just came from a loved one's funeral and they needed to laugh and I made them laugh so hard, they cried. Other times, when I go into cities that have been ripped apart through racial stuff like when I go to the Bay Area, they have a lot of racial turmoil up there, I can be a healing agent for folks. I do benefits all over the country. I give a large amount of money to animal rescue. I also help with major disasters whether it was [Hurricane] Katrina or the tsunami or the floods in Tennessee this past year [which] were horrific. Those are the gigs that I like doing the best, the ones that make a difference. I'm doing a benefit and I'm not making any money, that could be the best show I've ever had…those are the stuff that really change and make you want to be a comedian. Those are the times that you feel good about yourself.

MDM: Have you brushed up on your knowledge about Guam? How has that been going?
RM: I knew tertiary things about Guam like I knew it was pivotal in World War II. That's where we came. The people of Guam were gracious hosts and we set up a military outpost there. Now they're a U.S. territory; that they have representatives in Washington [D.C.] but they don't get to vote, which I think is kind of shady. The people of Guam are all U.S. citizens even though it's a separate country because of their long rich history that they have. They have their own language. My wife was there with the USO and she had a blast, she thought the people of Guam were some of the sweetest she's ever met; everybody's helpful and they're really nice. I can't wait. That's all I know about Guam, and 'Håfa Adai'.

MDM: Is it hard to make a comedian laugh?
RM: It is [hard] because most of the time we see the joke coming. It's hard to laugh because you know it's coming. Every now and then you might get us, but it's very rare and that's why we don't laugh as much.

MDM: Can you tell us about your upbringing and your love for hip-hop music?
RM: I grew up in a little town in Arkansas and there wasn't any 'white' or 'black'. We were all broke. Hip hop was new and after the explosion of hip hop happened with Run DMC, MTV started playing rap music a little bit. I was listening to everyone from KRS-One, Eric B, Rakim, NWA, and Public Enemy. These were bands that I liked. I liked their rage — talking about b******* and s***. Dr. Dre was the s***. I just loved it. It's great to move to, it's happy, it's fun, it's a little rebellious, and a lot of people didn't like it. All those things made me love it.

MDM: You have two dogs named Pimp and Hoochie Mama. Tell us about them.
RM: They're the greatest dogs of all time. I'd love to get another boxer because my dog, Pimp, he's an amazing dog, [but] he's getting very old and he has a weak heart. I don't know how much longer he will be around, but he's such a beautiful boy with a great sprit. He loves our family so much that he came back to life. He had two heart attacks in one day. He came back on his own. The vet said that for them to come back from a heart attack is about a 12% chance, come back from two, is less than 1%. Hoochie Mama is an English bulldog that is funny as s***. She's lazy and she's so focused on food. She's the most focused animal I've ever met – humans, primates, cats, dogs – anything. She's so focused on food and she will stake out underneath the highchair. It's one of her favorite places to sit because my son August will drop food on her. I get high sometimes and I will be stoned and I can throw a whole package of potato chips at her, one by one, and she'll catch every one of them. She's f***** hilarious, a fat lazy b**** and really funny. She farts, she rides a skateboard. How can you go wrong with a dog that rides a skateboard? I think she can surf but she can't swim, she'd just sink to the bottom. I'm going to have to get her a life preserver, get her fat ass out there on a board. She can do it though. She's got heart.

MDM: Your next new dog, what would you name him [or her]?
RM: I like 'Biscuit', 'Mad Flavor' – I like that one – 'The GZA'; maybe name a dog 'Old Dirty Bastard' and call him 'ODB'. Name an English bulldog 'Busta' for [the rapper] Busta Rhymes.

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ON THE ROAD

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GVB Hafa Adai Fridays Fashion Show on Aug. 28 at the Micronesia Mall

Photos by: Vikki Fong

















Special guest DJ Girls From Las Vegas video-mixing it up at the Globe Ultra Lounge Sep. 9, 10 and 11.

Photos by: Allan Cadawas





Labor Day weekend BBQ hosted by Julie, Jessica, Han, and Allan.



Happy 18th B-day to Demiella "DJ" Joya!
-From Family & Friends



GeeXpo Tech Show at the FD Phoenix Center on Aug 14 and 15.

Photos by: **Allan Cadawas**









Purple Reign, the Prince Tribute Show at their press conference at Sheraton Laguna on Sep. 16. The group became the 1st ever tribute/impersonator act to appear as the musical guest on Late Show with David Letterman.

Photos by: **Vikki Fong**





Sneak peek screening of Fox's Lone Star at Hooters on Sep. 16.

Photo by: **Vikki Fong**







Japan's celebrity beauty expert, make-up artist and TV personality, Ikko, visits Guam as part of her world tour, to meet fans and celebrate DFS Group Ltd's 50th anniversary at DFS Galleria on Sep. 15 and at her press conference at the Westin Hotel on the same day.

Photos by: **Vikki Fong**





SUBMIT *YOUR* PHOTO!
Send high-resolution photos with captions to: mdm.promos@gmail.com with "On the Road" in the subject line, to have them printed in our November issue. We do our best to include as many photos as we can.

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	MDM 2011 Cover Girl Search has begun! Check out this month's casting call locations and check our Facebook for the complete schedule. Facebook keyword: mdmguam	Domestic Violence Awareness Month			**1** Comedian **Ralphie May** performs at the Sheraton at 7pm and 9:30pm, today and tomorrow night.	**2** mdm COVERgirl Cover Girl Search Casting Call @ GPO 11am-2pm. **11th Mudders Day 5K** @ Mt. Tenjo Rd, Piti. **Ralphie May** @ the Sheraton, 7pm & 9:30pm.
3	**4**	**5** **NBA 2K11** in stores today, on xBox 360 and PS3.	**6**	**7** mdm COVERgirl Cover Girl Search Casting Call @ UOG 10am-2pm.	**8**	**9** **9th Annual Strides for the Cure Run/Walk** @ Outrigger. 13th Annual PASTRIES IN PARADISE at Hyatt, 6-10pm.
10	**11** Columbus Day	**12** **Quantum Theory** in stores today, on xBox 360 and PS3.		**14**	**15** **Guam Micronesia Island Fair** at Gov. Joseph Memorial Park, Ypao Beach. 9am-9pm mdm COVERgirl Cover Girl Search Casting Call at LUSH 10pm.	**16** **GAIN 5K/2K Run/Walk** in Yigo. **Red Ribbon 5K** @ Skinner Plaza. **Guam Micronesia Island Fair** 9am-9pm.
17 **2010 Guam Ko'Ko' Race** **Guam Micronesia Island Fair** Noon-9pm.	**18**	**19** **NE-YO**'s new album, "Libra Scale" available in stores today.	**20**	**21** Kim Kardashian turns 29 today.	**22** Watch the traps come alive. SAW 3D out in theaters today.	**23** VARO **VARO Bed Race** at Agana Shopping Center, 9am-3pm.
24 National Bologna Day **31** **HALLOWEEN** **SDA 5K Run** @ Marriot		**26** **Fable III** in stores today, on xBox 360 and PS3.		**29** mdm COVERgirl Cover Girl Search Casting Call at Hollywood Theaters 6-8pm.		**30** **Calvo's 5K Run** **28th Guam Running Club Ghoulish 10K Run** @ Barrigada Ball Field

*Events date and times may change

LINGERING SCENTS

"Long after one has forgotten what a woman wore, the memory of her perfume lingers" — Christian Dior. Quote from The Fragrance Answers book by Michael Edwards.

More than just a floral note or fresh scent, fragrances speak of the wearer's personality and style. Here's how we imagine the types of person(s) and occasions that these fragrances will suit.



Photography by: Rafaelito DeAusen www.collegeguam.com
Set design coordinated by: Vikki Fong
Photography concept: Vikki Fong and Rafaelito DeAusen
Fragrances provided by: Macy's Guam

Polo Sport by Ralph Lauren for the jock, the preppy or the practical. A fresh sporty scent to splash on in a hurry after a game or workout. Available from Macy's Guam men's department.

The Glamourous Life

Think New York, Sex and the City, the Sophisticate and the gala circuit. **Absolutely Irresistible by Givenchy.** Available at Macy's Guam women's beauty department.



The Gamer

There's more to life than a good game of team slayer on Halo. For the gamer who's not a total geek.
Reaction by Kenneth Cole.
Available at Macy's Guam men's department.





Girly Girl

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For the junior misses going to the proms.
Poppy by Coach.
Available from Macy's Guam women's beauty department.



MR. FIX-IT

A new addition to a plumber or electrician's toolbox. **Fuel for Life by Diesel.** Available at Macy's Guam men's department.

His & Hers

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Available at Macy's Guam men's and women's beauty department.



His & Hers

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For scoring straight As in high school five years ago, Mr. B landed a generous graduation gift from his parents in the form of this sporty, two-door, hatchback coupe Scion tC that he proudly calls his "Black Hawk" and describes as "a girlfriend-stealer" car.

And like the bird of prey, this two-seat roadster flies on the open highway. It is a performance number popular among the Gen Y set who are first-time car owners. Mr. B has lavished $12,500 to enhance his tC — his favorite feature is the RS Customs Jet Black paintwork on the body, which he says "makes my car look so clean." The "Black Hawk" placed third in both the 2006 AK Block Party two-door category and the 2008 HIN two-door class.

Shoutouts: My parents and little sisters, the Sabinay family, my best friend/No.1 lover and baby mama: Evalyn A. Sabinay, RCT Corp., Raiden & Mystique, NISSHO BOYS, Made To Xcite the baddest car group on Guam, all the hard working boys at CarAudio image, Pat's Garage, RUSH Gear671, all the good people at RS Customs, Guaranteed Auto, Peggys for bringing in the parts, and to our troops, especially Beenu, Ash, Jamal, and Pat.

Specs

YEAR: 2006
MAKE & MODEL: Scion tC

ENGINE:
- T3/T04 E-50 Turbonetics Turbo
- Cast-Steel Turbo Manifold
- Turbonetics Evolution 35mm Wastegate
- Spearco W.A.V.E. Intercooler
- Black Chrome Aluminum Intercooler Piping
- Motoron 630cc Injectors
- Unichip TRUE plug and play EMS
- Turbonetics Raptor BOV
- C/F Greddy Air Defuser
- Greddy SE Axel Back

EXTERIOR:
- RS Customs jet black
- VIS C/F hood and hatch
- custom front bumper
- TDR side skirt
- C/F ABS rear lip
- VRD fog lights
- 17x8 Konig hyper gray runaways

INTERIOR:
- Megan racing seats
- Takata harness
- JVC double din player
- NISSHO 12" Sub
- NISSHO racing shift lamp
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- NISSHO boost gauge
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The Back Side of Life

By: Carmen Rojas
- Personal Trainer for 6 years
- Bachelor of Arts degree in Exercise Science
- Master of Science in Business Administration
- Former member of U.S. Track and Field Team

I think that the back is one of the most attractive parts of the human anatomy. Why? Because the right proportion of shoulder width to hip width combined with a smooth firmness is not only erotic but arouses a curiosity about the rest of the body. Sure the ratio can be seen somewhat from the front, but then you get distracted by facial features, and it's hard to admire without being detected. So, what's the 411 on the back? Read on, read on…

Basic anatomy — The back largely comprises the trapezius muscles which originate along the upper back and neck, and attach on the back of the shoulders and the latissimus dorsi muscles, which are two big fan-like muscles that extend out from the spine and attach at the ribs. There are other muscles and the more obvious spinal bones that are involved, but the major players are our friends, the 'traps and lats'.

Diet — Again, there is not a really good diet for the "back muscles". Because of their location and purpose, they respond well to…you guessed it, low fat, low carbohydrate and high protein diets. They are one of the multiple groups of muscles that respond well to a reduction of overall percent body fat. But one of the fun things about how diet affects this area is that a reduction in weight, often improves a person's posture either from a rise in self-esteem or in pulling the back into proper alignment, and often times both. So without doing much besides loosing weight, you can improve the appearance of your back!

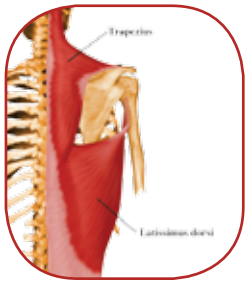


For women, two of the common causes of back irregularities and discomfort are large breasts and poor abdominal strength. Not uncommon in women of child-bearing age. The large breasts issue is best addressed by a qualified physician who can diagnose a growth abnormality or just a simple weight issue or something else altogether. The abdominal strength is one of my specialties. We will get into specific exercises for the back in future articles, but many of my female clients have found that non-conventional exercises common in yoga, Pilates, and even belly dancing help build core strength and improve posture of the back by improving flexibility in the chest, shoulders and the abdominals.

For men, a large gut with weak abs can also lead to the hunched appearance of the back. Again, corrections to the diet with an increase in exercise can often lead to improvements in the posture and appearance of the back.

To bring this all to a point, the back is beautiful because it is one of those indicators of overall strength and health. A strong, symmetrical, toned back is virtually impossible without being of good overall health in general. And we can all agree that healthy is sexy!

Next month, we will look at some exercises for the back that will help bring out the beauty of the back!



The back is beautiful because it is one of those indicators of overall strength and health.







DR. BRIAN QUE
DPHSS Pediatrician

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Run "for the health of it" and for good causes

By Jude V. Lizama

For those who enjoy running — 'pounding asphalt' as some runners call it — for exercise, look no further because October marks the beginning of a three-month long string of running events to close out the year. With the holiday feasting just a month ahead, these running events will balance the temptation to overindulge. Runners too can support positive, worthy causes that these events are intended for.

The running season begins Oct. 2 with the 11th Mudders Day 5K at Mt. Tenjo Road in Piti. The 9th annual Strides for the Cure 5K takes place Oct. 9 at the Outrigger Guam Resort promoting an atmosphere of healthy living and focus on breast cancer awareness. The weekend of Oct. 16-17 will keep road warriors occupied. Both the GAIN (Guam Animals In Need) 5K/2K run/walk in Yigo and Red Ribbon 5K at Skinner Plaza in Hagåtña are on Oct. 16. The 17th morning marks the highly anticipated 2010 Guam Ko'ko' Road Race at the Gov. Joseph Flores Memorial Park. While the half marathon isn't for novice runners, the team-oriented Ekiden relay will be fun for avid 5K runners. "The half marathon race — 13.1 miles — is for solo runners and along the same race course is the Ekiden, a four-person relay," said Ernie Galito, deputy general manager of the Guam Visitors Bureau. "The four-person relay invites runners who may not have the experience to run 13.1 miles, but Guam is a very active 5K community. If you break up the legs between the four-person relay it's approximately a 5K [run per runner]."

For those mercenary-type runners for hire who like to stay healthy while earning a pretty penny in the process, note that the Ko'ko' race will have a total of $5,000 in cash prizes for top winners. October closes out with the Calvo's 5K and 28th Guam Running Club Ghoulish 10K Run on Oct. 30, and the Seventh Day Adventist 5K to be held at the Guam Marriott Resort & Spa on Oct. 31.

November is chock full of running events beginning with the AIDS 5K run/walk on Nov. 6, followed by the 19th Annual Pacific Islands Club International 5K, 10K & Half Marathon Road Races on Nov. 7. PIC's event also caters to runners of fortune with over $10,000 in cash and prizes up for grabs. A portion of the PIC event's proceeds will go to the Tourism Education Council.

The 38th GRC Wm. McCool Hill Climb 5.5 mile run is slated for Nov. 11; Triple J's 5K will go down on Nov. 13; Guam Premier Outlets' 5K hits the road on Nov. 20; the 12th Annual Diabetes 5K Fun Run/Walk/Wheel event follows one day later; Nov. 25 features the 40th Turkey Trot 3.7 mile run; and the month closes out with a perennial favorite — the Guam Hotel and Restaurant Association's Jingle Bell Run on Nov. 27.

December is a slow month for running events; nonetheless, runners can still enjoy the 28th Paradise Plumeria 10K/5K run on Dec. 4; the United Services Organization 5K and Black Construction 5K on Dec. 11; and the 37th Alley Oop 6.7 mile run down in Umatac on Dec. 18.

Surprisingly, there are more running events available than mentioned. Visit www.guamrunningclub.com for more event information, stay hydrated, and hit the road in preparation for any one of these fantastic running events!

OCTOBER RUNNING EVENTS

October 2
11th Mudder's Day 5K

October 9
Strides for the Cure 5K

October 16
GAIN 5K/2K run/walk
Red Ribbon 5K

October 17
2010 Guam Ko'ko' Road Race

October 30
Calvo's 5K
28th GRC Ghoulish 10K Run

October 31
SDA 5K Run



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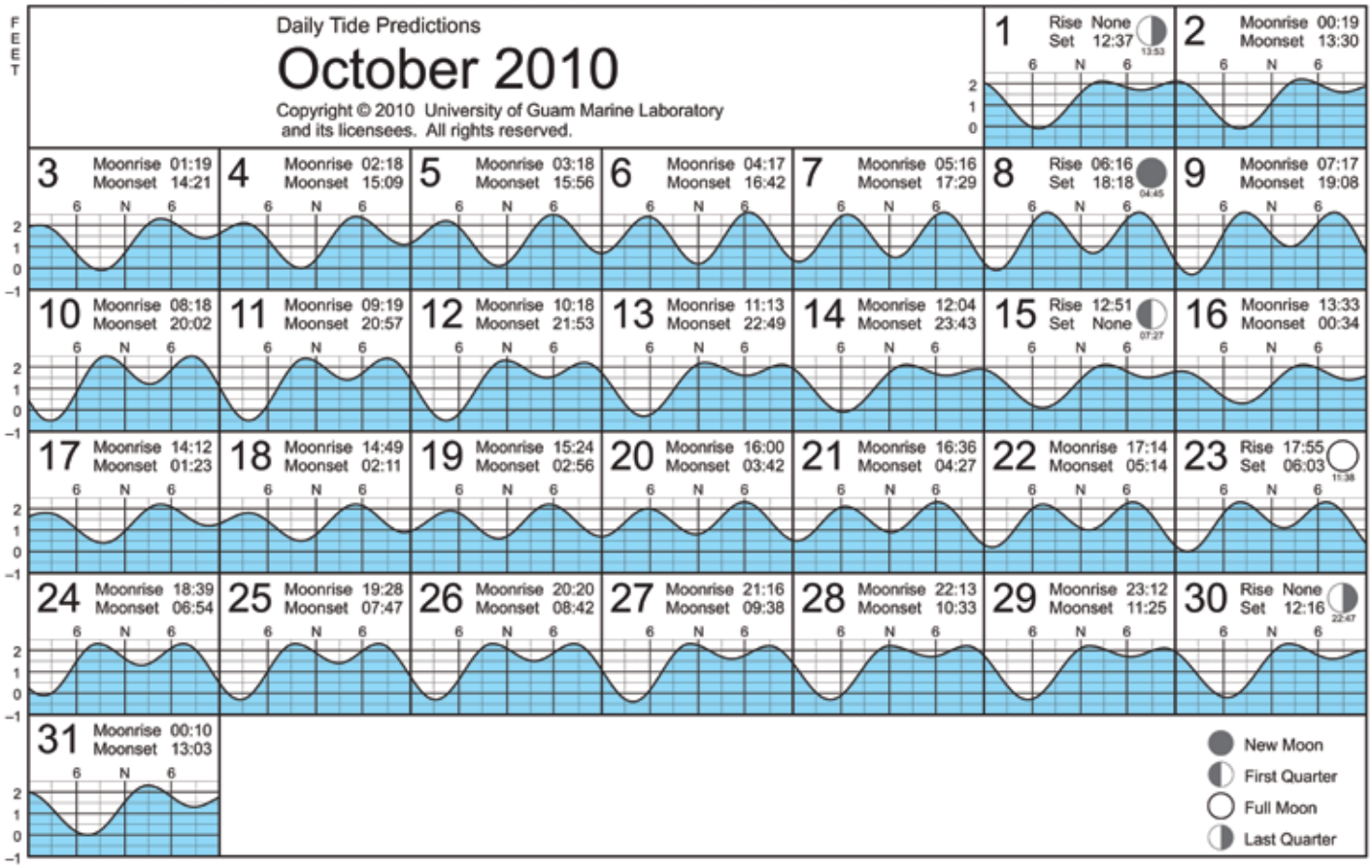
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HALLOW'S EVE
TEMPTATIONS PARTY
- Saturday, October 30 - Halloween Party
- Decorations sponsored by The Dungeon
- Sexiest & Scariest Costume Contest
- Doors open @ 10pm, Ladies in Free
- Fellas: $10 Cover includes your first Bud family drink
- $1000 in Cash + Prizes
DROP IT LOW THURSDAYS
- Best Male/Female to Drop It Low Wins!
- $200 in Cash/Prizes
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- Special Performances by Local Artists
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2011 Cover Girl Search

Contestant Information

Name: _____

Contact Number(s): _____

E-Mail Address: _____

Height: _____ Measurements: _____ (Dress/pant/shoe sizes) DOB: _____

Interests: _____

Special Talents: _____

Special Qualities: _____

Likes: _____

Dislikes: _____

Person(s) you admire most:

_____

Goals: _____

Favorite Pastime: _____

Favorite Celebrity: _____

Greatest Accomplishment: _____

In your opinion, what describes a ***MDM Cover Model*** and why do you feel you represent these qualities?

_____

_____

Thank you for taking time to fill out this questionnaire. The information from this form (except for contact information) may be used for the event purposes only. Fax this form to 649-8883 Attn: MDM Account Manager or deliver to Glimpses of Guam, Inc. office located in the Foremost compound, Marine Corps Drive, Upper Tumon, M-F 8am-5pm (Must be 18 years or older as of Nov. 12, 2010 to join)



Model Release

I, _____, in consideration of my engagement as a contestant for the MDM 2011 Cover Girl Search hereby give Glimpses of Guam full permission to:

a) the unrestricted right and permission to copyright and use, re-use, publish, and republish photographic portraits or pictures of me or in which I may be included intact or in part, composite or distorted in character or form, without restriction as to changes or transformations in conjunction with my own or a fictitious name, or reproduction hereof in color or otherwise, made through any and all media now or hereafter known for illustration, art, promotion, advertising, trade, or any other purpose whatsoever.

b) I also permit the use of any printed material in connection therewith.

c) I hereby relinquish any right that I may have to examine or approve the completed product or products or the advertising copy or printed matter that may be used in conjunction therewith or the use to which it may be applied.

d) I hereby release, discharge and agree to save harmless Glimpses of Guam, legal representatives or assigns, and all persons functioning under its permission or authority, from any liability by virtue of any blurring, distortion, alteration, optical illusion, or use in composite form whether intentional or otherwise, that may occur or be produced in the taking of said picture or in any subsequent processing thereof, as well as any publication thereof, including without limitation any claims for libel or invasion of privacy.

e) I take full responsibility for the clothing I will be wearing on the day of the fashion show and understand that any damages or cleaning costs that are incurred, will be paid by me.

e) I hereby affirm that I am over the age of majority (that is 18) as of Nov. 12, 2010 and have the right to contract in my own name. I have read the above authorization, release and agreement, prior to its execution; I fully understand the contents thereof. This agreement shall be binding upon me.

Signed:_____ Dated: _____

Address:_____

Phone:_____

Witness:_____

2011 Cover Girl Search

Official Contest Rules and Regulations

1. I have always been a female and I am 18 years of age as of Nov. 12, 2010. Proof of age may be requested.

2. I will maintain my Guam residency during the year of service should I become an MDM Cover Girl. If I am relocating out of Guam anytime during the year, I will be obligated to inform MDM at least three months in advance of my departure.

3. **I will be free of any modeling obligations from January 1, 2011 thru December 31, 2011**.

4. I am of good moral character and have never been convicted of any crime and have no criminal charges pending against me.

5. I have never performed any act or activity, which is characterized as dishonest, immoral, immodest, indecent or in bad taste.

6. I agree to participate and attend any and all MDM Cover Girl Search functions, i.e. autograph signings, press conferences/media interviews, pre and post event parties, individual competitions, rehearsals and guest appearances in a timely manner. Attendance will be taken.

   MDM Cover girls may be called upon for promotional events, special appearances and photo shoots after their contractual year. Details of compensation will be determined on a case by case basis.

7. I understand that I will provide my own apparel, hair styling, make-up or costumes for the **2011 Cover Model** search and may be asked to provide additional wardrobe for photo shoots and events.

8. I will conduct myself in a respectable manner while on stage and at all functions.

9. I will be required to sell tickets to the 2011 Cover Girl search contest as part of a separate competition. The contestant selling the most tickets to the event will be rewarded with a prize.

10. I understand that if I am chosen as an MDM Cover Girl, ***MDM*** shall be the representing management for any promotional, modeling and talent work from January 1, 2011 through December 31, 2011. I will keep ***MDM*** apprised if I am solicited directly by a third party.

11. I shall not participate in any outside promotional jobs unless it has received approval/screening from ***MDM.***

12. I agree that all photographs, videos, recordings, etc., made of me during my year as an MDM Cover Girl are the property of ***MDM***. I also agree that friends, family including spouses/partners/companions, personal cameras or video cameras are not allowed at any photo shoots done for ***MDM***.

13. I understand that dates and times of events may change at the discretion of ***MDM.***

14. I agree that if I resign or am terminated from the contest, I will be obligated to reimburse ***MDM*** for any monetary prizes won from the contest and expenses invested or accrued by my participation.

15. I am not a current title holder nor will I hold any other title concurrently if I am chosen to be a MDM Cover Girl. If I am a MDM Cover Girl, I understand that I may not participate in any other pageant or modeling contest while under contract with ***MDM*** during the year of service.

16. I, the undersigned, will take full responsibility for any injury, should any occur, during the MDM Cover Girl Search and/or rehearsals and/or events that I am in attendance. I understand that the MDM Cover Girl Search, or any location where orientation/rehearsals/interviews/competition or appearances are made, or any person working on the competition WILL NOT be held liable for any injury sustained.

17. I understand that ***MDM*** has the right to remove my title and all the rights and monies associated with it, if I am found in situations or conduct unbecoming of an MDM Cover Girl. Such situations may include, but are not exclusive to, pregnancy or criminal proceedings brought against me for breaking the law during the contract year.

18. To the best of my knowledge, I am in good health and can safely compete and participate fully in any MDM Cover Girl Search activities. This includes my willingness to lead a physically sound and active lifestyle to keep up with the demands associated with Cover Girl assignments.

By signing below, you are validating that you have read these rules and are willing to comply with the standards set forth by ***MDM for MDM 2011 Cover Girl Search.***

_____ _____

Contestant's Name (Print) Date Contestant's Signature